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33 TRADITIONAL CATHOLIC PRAYERS

SIGN OF THE CROSS

In the name of the Father, and of the Son and of the Holy Ghost. Amen.

ANGELIC SALUTATION (HAIL MARY / AVE MARIA)

Hail Mary Full of Grace, The Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners now, and at the hour of death. Amen

OUR FATHER

Our Father, who art in Heaven, hallowed be Thy name,
Thy kingdom come, Thy will be done on earth as it is in Heaven.

Give us this day our daily bread,
and forgive us our trespasses as we forgive those who trespass against us.
And lead us not into temptation but deliver us from evil. Amen

GLORIA

Glory Be to the Father and to the Son and to the Holy Ghost.

As it was in the beginning is now, and ever shall be, world without end. Amen.

APOSTLES' CREED

I believe in God, the Father almighty, Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,

who was conceived by the Holy Ghost, born of the Virgin Mary,
suffered under Pontius Pilate, was crucified, died and was buried;

He descended into hell;

On the third day He rose again from the dead;

He ascended into heaven, and is seated at the right hand of God the Father almighty;
from there He will come to judge the living and the dead.

I believe in the Holy Ghost, the holy Catholic Church, the communion of saints,
the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

ACT OF CONTRITION

O my God, I am heartily sorry for having offended Thee, and I detest all my sins, because I dread the loss of Heaven and the pains of hell, but most of all, because they offend Thee, my God, Who are all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance, and to avoid the near occasions of sin. Amen.

THE HAIL HOLY QUEEN

Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope.

To thee do we cry, poor banished children of Eve.

To thee do we send up our sighs mourning and weeping in this valley of tears.

Turn then, most gracious advocate, thine eyes of mercy toward us,

and after this our exile show us the blessed fruit of thy womb, Jesus.

O clement, O loving, O sweet Virgin Mary.

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray.

O God, Whose Only-Begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life: grant, we beseech Thee, that by meditating upon these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain, and obtain what they promise, through the same Christ our Lord. Amen.

THE FATIMA PRAYER

O my Jesus, forgive us our sins, save us from the fire of hell, lead all souls to heaven, especially those who are in most need of Thy mercy.

V. O Mary conceived without sin.

R. Pray for us that we may have recourse in thee.

THE MEMORARE

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided.

Inspired with this confidence, we turn to thee, O Virgin of virgins, our Mother.

To thee we come, before thee we stand, sinful and sorrowful.

O Mother of the Word Incarnate, do not despise our petitions, but in thy mercy hear and answer us. Amen.

PRAYER TO ST. MICHAEL

Saint Michael, the Archangel, defend us in battle,
be our defense against the wickedness and snares of the devil.
May God rebuke him, we humbly pray;
and do thou O Prince of the heavenly Host,
by the Divine power of God,
thrust into Hell Satan and all the other evil spirits
who prowl throughout the world seeking the ruin of souls. Amen.

GUARDIAN ANGEL PRAYER

Angel of God, my guardian dear, to whom God's love commits me here,
ever this day (night) be at my side, to light and guard, to rule and guide. Amen.

GRACE BEFORE MEALS

† Bless us, O Lord, and these Thy gifts which we are about to receive
from Thy bounty through Christ our Lord. Amen.

GRACE AFTER MEALS

† We give Thee thanks for all Thy benefits, O Almighty God,
who livest and reignest for ever; and may the souls of the faithful departed,
through the mercy of God, rest in peace. Amen.

MORNING PRAYER

My God, I thank You for protecting me through the night.
I praise You and give You thanks for all the blessings You have bestowed on me.
In union with Jesus, I consecrate to You all my thoughts, words, actions, joys, and
sufferings of this day.
Mary my mother, bless me this day and protect me from dangers.
My Guardian Angel and all my patron Saints, pray for me. Amen.

NIGHT PRAYER

Lord Jesus Christ, You have given Your followers
an example of gentleness and humility, a task that is easy, a burden that is light.
Accept the prayers and work of this day, and give us the rest that will strengthen us
to render more faithful service to You who live and reign forever and ever. Amen

COME, HOLY GHOST

Come, Holy Ghost, fill the hearts of Thy faithful.
And kindle in them the fire of Thy love.
Send forth Thy Spirit and they shall be created.
And Thou shall renew the face of the earth.
O God, who has instructed the hearts of Thy faithful by the light of the Holy Ghost,
grant that by the same Holy Spirit we may have a right judgment in all things
and evermore rejoice in His consolations,
Through Christ Our Lord. Amen.

PRAYER TO THE HOLY GHOST

Breathe into me, Spirit of God, that I may think what is holy.
Drive me, Spirit of God, that I may do what is holy.
Draw me, Spirit of God, that I may love what is holy.
Strengthen me, Spirit of God, that I may preserve what is holy.
Guide me, Spirit of God, that I may never lose what is holy. Amen.

PRAYER FOR THE SEVEN GIFTS OF THE HOLY GHOST

O Lord Jesus Christ, before ascending into heaven
You did promise to send the Holy Spirit
to finish Your work in the souls of Your Apostles and Disciples,
deign to grant the same Holy Spirit to me
that He may perfect in my soul, the work of Your grace and Your love.
Grant me the Spirit of **WISDOM** that I may despise the perishable things of this world
and aspire only after the things that are eternal,
the Spirit of **UNDERSTANDING** to enlighten my mind with the light of Your divine truth,
the Spirit of **COUNSEL** that I may ever choose the surest way of pleasing God and
gaining heaven,
the Spirit of **FORTITUDE** that I may bear my cross with You and that I may overcome
with courage all the obstacles that oppose my salvation,
the Spirit of **KNOWLEDGE** that I may know God and know myself and grow perfect in
imitation of the Saints,
the Spirit of **PIETY** that I may find the service of God sweet and amiable, and
the Spirit of **FEAR** that I may be filled with a loving reverence towards God
and may dread in any way to displease Him.
Mark me, dear Lord with the sign of Your true disciples,
and animate me in all things with Your Spirit. Amen.

THE CONFITEOR

I confess to Almighty God, to blessed Mary ever Virgin,
to blessed Michael the Archangel, to blessed John the Baptist,
to the holy Apostles Peter and Paul, and to all the Saints,
that I have sinned exceedingly in thought, word and deed,
through, my fault, through my own fault, through my own most grievous fault.
Therefore I beseech blessed Mary ever Virgin, blessed Michael the Archangel,
blessed John the Baptist, the holy Apostles Peter and Paul, and all the Saints,
to pray to the Lord our God for me.
May the Almighty God have mercy on me, and forgive me my sins,
and bring me to everlasting life. Amen.
May the Almighty and merciful Lord grant me † pardon, absolution,
and remission of all my sins. Amen.

ACT OF FAITH

O my God, I firmly believe that You are one God in three divine Persons,
Father, Son and Holy Ghost.
I believe that Your divine Son became flesh, died for our sins,
and that He will come to judge the living and the dead.
I believe these and all the truths that the Holy Catholic Church teaches because You
have revealed them, Who can neither deceive nor be deceived. Amen

ACT OF HOPE

O my God, relying on Your almighty power, infinite mercy, promises,
I hope to obtain pardon for my sins, the help of Your grace, and life everlasting
through the merits of Jesus Christ, my Lord and Redeemer. Amen.

ACT OF LOVE

O my God, I love You above all things, with my whole heart and soul, because You are
all good and worthy of all love. I love my neighbour as myself for the love of You. I
forgive all who have injured me and ask pardon of all whom I have injured. Amen.

THE SERENITY PRAYER

God grant me the serenity to accept the things I cannot change;
Courage to change the things I can; and
Wisdom to know the difference. Amen.

ANIMA CHRISTI

Soul of Christ, sanctify me. Body of Christ, save me. Blood of Christ, inebriate me. Water from the side of Christ, wash me. Passion of Christ, strengthen me. O good Jesus, hear me. Within Thy wounds, hide me. Never permit me to be separated from Thee. From the wicked enemy, defend me. In the hour of my death call me, and bid me come unto Thee, that with all Thy Saints I may praise Thee, forever and ever. Amen.

ACT OF SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You Sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.

PRAYER BEFORE A CRUCIFIX

Behold, O kind and most sweet Jesus, I cast myself upon my knees in Your sight, and with the most fervent desire of my soul I pray and beseech that You would impress upon my heart lively sentiments of Faith, Hope and Charity, true repentance for my sins and a firm purpose of amendment, while with deep affection and grief of soul I ponder within myself and mentally contemplate Your five most precious wounds, having before my eyes that which David spoke in prophecy of You, O good Jesus: "They have pierced my hands and feet, they have numbered all my bones." Amen.

PRAYER FOR THE FAITHFUL DEPARTED

God, Creator and Redeemer of all the faithful, grant to the souls of Your servants and handmaids the forgiveness of all their sins. Through our devout prayers may they obtain the pardon which they have always desired. We ask this through Christ our Lord. Amen. Lord, hear our prayers; In Your mercy, bring us to Your place of peace and light the soul of Your servant _____, whom You have summoned from this world. Call _____ to be numbered in the fellowship of Your saints. We ask this through Christ our Lord. Amen.

THE ANGELUS

The angel of the Lord declared unto Mary.

R. And she conceived of the Holy Ghost.

(Hail Mary ...)

Behold the handmaid of the Lord.

R. Be it unto me according to thy word.

(Hail Mary ...)

And the Word was made flesh.

R. And dwelt among us.

(Hail Mary ...)

Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts;
that, we to whom the incarnation of Christ, Thy Son, was made known
by the message of an angel, may by His passion and cross,
be brought to the glory of His resurrection,
through the same Christ our Lord. Amen.

ACT OF CONSECRATION TO THE HOLY GHOST

On my knees, before the great multitude of heavenly witnesses,

I offer myself, soul and body to You, Eternal Spirit of God.

You are the strength and light of my soul

and I desire never to grieve You by unfaithfulness.

Mercifully guard my every thought and grant that I may always watch for Your light,
and listen to Your voice, and follow Your gracious inspirations.

I cling to You and give myself to You and ask You,

by Your compassion to watch over me in my weakness.

Holding the pierced Feet of Jesus and looking at His Five Wounds,

and trusting in His Precious Blood and adoring His opened Side and stricken Heart,

I implore You Spirit, Helper of my infirmity, to keep me in Your grace
that I may never sin against You.

Give me grace O Holy Spirit of the Father and the Son

to say to You always and everywhere,

"Speak Lord for Your servant listens." Amen.

PRAYER OF ST. FRANCIS

Lord, make me an instrument of Your peace.

Where there is hatred, let me sow love;

where there is injury, pardon;

where there is doubt, faith;

where there is despair, hope;

where there is darkness, light; and

where there is sadness, joy.

O Divine Master, grant that I may not so much seek to be consoled as to console;

to be understood as to understand;

to be loved as to love;

for it is in giving that we receive;

it is in pardoning that we are pardoned; and

it is in dying that we are born to eternal life. Amen

PRAYER TO ST. JUDE, PATRON SAINT OF HOPELESS CAUSES

Most holy apostle, Saint Jude, faithful servant and friend of Jesus, the Church honours and invokes you universally, as the patron of hopeless cases, of things almost despaired of.

Pray for me, I am so helpless and alone. Make use, I implore you, of that particular privilege given to you,

to bring visible and speedy help where help is almost despaired of.

Come to my assistance in this great need,

that I may receive the consolation and help of heaven in all my necessities, tribulations, and sufferings, particularly - (Here make your request)

and that I may praise God with you and all the elect forever.

I promise, O blessed Saint Jude, to be ever mindful of this great favour,

to always honour you as my special and powerful patron,

and to gratefully encourage devotion to you. Amen.

THE MANNER IN WHICH A LAY PERSON IS TO BAPTIZE IN CASE OF NECESSITY

Pour common water on the head or face of the person to be baptized

say while pouring it:

"I baptize thee in the name of the Father, and of the Son, and of the Holy Ghost."

N.B. Any person of either sex who has reached the use of reason can baptize **in case of necessity**.