

# PRAYER TO THE HOLY SPIRIT

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The prayer to the Holy Spirit  
can help you handle your problems with grace.  
When Jesus told the apostles at the Last Supper  
that the Holy Spirit would instruct them in His Word  
and be their advocate and comforter,  
He meant for His Spirit to help *us* as well.

**Come, Holy Spirit,  
fill the hearts of Your faithful  
and kindle in them the fire of Your love  
V: Send forth Your Spirit and they shall be created  
R: And You shall renew the face of the earth  
Let us Pray:  
O God, Who instructed the hearts of the faithful  
by the light of the Holy Spirit,  
Grant us in the same Spirit  
to be truly wise and ever rejoice in His consolation.  
Through Christ, our Lord.  
Amen**

## GIFTS OF THE HOLY SPIRIT

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The gifts of the Holy Spirit belong in their fullness to Christ, the Son of David. They complete and perfect the virtues of those who receive them. They make the faithful docile in readily obeying divine inspirations.

1. **Wisdom:** Improves our loving knowledge of God and all that leads to and comes from him, allowing us to enjoy his presence.
2. **Understanding:** Perfects our perception of the mysteries of the Faith, enabling us to penetrate more deeply into the divine truths revealed by God.
3. **Counsel:** Helps us to judge promptly, correctly, and according to the will of God.
4. **Fortitude:** Makes us steadfast in the Faith, constant in struggle, and faithful in perseverance.

5. **Knowledge:** Enables us to discover the supernatural truth contained in God's creation and reveals the path that we should follow on our journey to Heaven.
6. **Piety:** Teaches us the meaning of divine filiation, leading to a true love for God as our Father and for all human beings as his children.
7. **Fear of the Lord:** Increases our sense of respect in the presence of an all-powerful and loving God.

## FRUITS OF THE HOLY SPIRIT

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The fruits of the Spirit are perfections that the Holy Spirit forms in us as the first fruits of eternal glory. The apostolic tradition of the Church lists twelve fruits:

1. **Charity**
2. **Joy**
3. **Peace**
4. **Patience**
5. **Kindness**
6. **Goodness**
7. **Generosity**
8. **Gentleness**
9. **Faithfulness**
10. **Modesty**
11. **Self-control and**
12. **Chastity.**