



St. Bernard of Clairvaux composed this famous prayer  
to the Most Blessed Virgin Mary

## **The Memorare**

**Remember, O most gracious Virgin Mary,  
that never was it known  
that anyone who fled to thy protection,  
implored thy help, or sought thy intercession  
was left unaided.**

**Inspired with this confidence,  
I fly to thee, O Virgin of virgins, my Mother;  
to thee do I come;  
before thee I stand,  
sinful and sorrowful.**

**O Mother of the Word Incarnate,  
despise not my petitions,  
but in thy mercy  
hear and answer me.**

**Amen.**