



# The Morning Offering

O Jesus,  
through the Immaculate Heart of Mary,  
I offer You my prayers, works,  
joys and sufferings of this day  
for all the intentions of Your Sacred Heart,  
in union with the Holy Sacrifice of the Mass  
throughout the world,  
in reparation for my sins,  
for the intentions of all my relatives and friends,  
and in particular  
for the intentions of the Holy Father.  
Amen.